



12 Mediterranean Fillo Quiches

White Toque

► 50120



Product Description

COUNTRY OF ORIGIN: U.S.A.

This all-natural savoury assortment includes 4 each of Artichokes & sun-dried tomato, Mediterranean and Spinach & Cheese mini quiches. No preservatives.

Unit

Material	UPC	Pieces / Unit	Unit Weight	Units / Master	Unit Size (LxWxH)
Cardboard Box	825414501208	12	6.3oz (178g)	12	6.35 x 8.35 x 1

Master Case

Tie / Hi	Cases / Pallet	Case Weight	Case Cube	FOB	Case Size (LxWxH)
11X10	110	6 lbs	0.58ft3	Secaucus, NJ	14.1 x 10.2 x 7

Ingredients

ARTICHOKE & SUN-DRIED TOMATO: ORGANIC FILLO DOUGH (ORGANIC WHEAT FLOUR, FILTERED WATER, ORGANIC WHEAT STARCH, ARROW ROOT, ORGANIC EXPELLER PRESSED, SAFFLOWER/SOY/SUNFLOWER OIL, ORGANIC MALT EXTRACT, SALT, SOY LECITHIN, TRI-CALCIUM PHOSPHATE), HEAVY CREAM, WHOLE EGGS, ARTICHOKE, ONIONS, MILK, SUN-DRIED TOMATOES, SWISS CHEESE, FILTERED WATER, PARMESAN CHEESE, ORGANIC OLIVE OIL, CLARIFIED SWEET BUTTER, ORGANIC EXPELLER PRESSED SAFFLOWER/SOY/SUNFLOWER OIL, GREEN ONIONS, CORN STARCH, SALT, ORGANIC GARLIC, WHITE PEPPER, PARSLEY, NUTMEG, ORGANIC LEMON JUICE CONCENTRATE. MEDITERRANEAN: ORGANIC FILLO DOUGH (ORGANIC WHEAT FLOUR, FILTERED WATER, ORGANIC WHEAT STARCH, ARROW ROOT, ORGANIC EXPELLER PRESSED SAFFLOWER/SOY/SUNFLOWER OIL, ORGANIC MALT EXTRACT, SALT, SOY LECITHIN, TRI-CALCIUM PHOSPHATE), HEAVY CREAM, ROASTED RED PEPPERS, ONIONS, WHOLE EGGS, KALAMATA OLIVES, MILK, FETA CHEESE, CLARIFIED SWEET BUTTER, ORGANIC EXPELLER PRESSED SAFFLOWER/SOY/SUNFLOWER OIL, PARMESAN CHEESE, ORGANIC BASIL, CORN STARCH, SALT, ORGANIC OLIVE OIL, ORGANIC GARLIC, WHITE PEPPER, NUTMEG, ORGANIC LEMON JUICE CONCENTRATE. SPINACH & CHEESE: BODEK SPINACH, ORGANIC FILLO DOUGH (ORGANIC WHEAT FLOUR, FILTERED WATER, ORGANIC WHEAT STARCH, ARROW ROOT, ORGANIC EXPELLER PRESSED SAFFLOWER/SOY/SUNFLOWER OIL, ORGANIC MALT EXTRACT, SALT, SOY LECITHIN, TRI-CALCIUM PHOSPHATE), HEAVY CREAM, WHOLE EGGS, ONIONS, RICOTTA CHEESE, HEAVY CREAM, SWISS CHEESE, MILK, CLARIFIED SWEET BUTTER, ORGANIC EXPELLER PRESSED SAFFLOWER/SOY/SUNFLOWER OIL, PARMESAN CHEESE, CORN STARCH, SALT, ORGANIC OLIVE OIL, ORGANIC GARLIC, NUTMEG, WHITE PEPPER, ORGANIC LEMON JUICE CONCENTRATE.

- Contains: wheat, milk, soybeans, eggs

Cooking Directions

Oven

Keep Frozen until ready to bake. Pre-heat oven to 375°F. Remove plastic wrap. Place mini tarts on baking pan about 1/2" apart. Bake for a total of 12-15 minutes or until thoroughly heated. Let stand a few minutes before serving. Convection oven reduces time by approximately 1/3. DO NOT MICROWAVE. DO NOT BAKE IN PLASTIC TRAYS.

Suggestions and Storage

Leftovers can be wrapped in foil and refrigerated for 4-5 days. Reheat at 375°F for 10-12 minutes or until thoroughly heated. Let stand a few minutes before serving.

Nutrition Facts

Serving Size 1 piece (14g)
Servings Per Container 4

Amount Per Serving	
Calories 40	Calories from Fat 25
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 1.5g	6%
Trans Fat 0g	
Cholesterol 15mg	6%
Sodium 50mg	2%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Sugars 0g	

Protein 1g	
Vitamin A 2%	Vitamin C 2%
Calcium 2%	Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

